



WHAT'S YOUR VISION?

Take a moment to imagine your IDEAL FUTURE.

If everything could be as you truly desire in _____ years:

Describe what you are doing. How are you spending your time?

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Take a moment to imagine your IDEAL FUTURE.

If everything could be as you truly desire in _____ years:

Describe what the space looks like.



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Compare your IDEAL FUTURE with your current circumstances.

Identify and list the barriers and constraints that may be preventing you from achieving the quality of life you desire.

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What questions do we need to ask to conquer and overcome these actual or perceived barriers?